



GARDNER MARTIAL ARTS

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Testing and Promotions

Summer schedules have finally passed, which allowed all of our students who were ready, to test together at one time, which was really exciting.

Leading off testing Friday night was Garland, who recently joined us out of our Parks and Rec class. As the only white belt testing on the night, he was front and center. So, not only did he have the added pressure of his first test, he had to fly solo. It didn't slow him down a bit though as he fought back the nerves and impressed with his performance.

Then we followed with a smaller group, literally. Joseph, Mikul, and Noah, who are all barely 5 years old, tested for and earned 2nd stripes on their yellow belts.

Dakota and Dan then put on a great test to earn their green belts.



Ryan stands ready & focused.

and excelled earning their stripes. Last up on the night were our

Following them was a big group of green belts earning 2nd stripes on their belts. Veeren, AJ, Michaela, Lisa, and Ryan tested in 2 groups

blue belts, Shaunak, Noah, Brian, John, Ben, and Crystal. Shaunak was going for his 2nd stripe and did a great job with maximum effort.

The rest were testing for their red belts, which is an important milestone. Red Belts signify "high rank" in our association, so their job changes from simply learning and training, to learning, training, teaching, and leading. It is also the rank in which students begin to fine tune and hone their skills as a martial artist. So if you stop by class next week, you should see Noah, Brian, John, Ben, and Crystal all sporting red belts, and each one would be willing to help you start your martial arts journey. Great job to everyone who tested.

GMA In the Community

Being active is very important to GMA. We try to attend and participate in as many local events, festivals, and programs as we can. Obviously it's a great way to market our class, but it's very important for us to give back to the community.



So far this summer we have been

part of the Festival on the Trails, teaching a Parks and Rec session, the Johnson County Fair parade, and coming up in the next month we have another Parks and Rec session, the Meadowbrook Health Fair, and Boo Bash.

Hope to see you there!

Boo Bash



Enjoy some GHOULISH fun at the 15th Annual Halloween Boo Bash at Celebration Park on Thursday October 27! Join us for an evening of ghastly games, spooktacular activities, lots of candy, prizes, a hayrack ride along the park trails and much, much more! This is sure to be one of the biggest and best parties of the year!

Little ghosts and goblins, come

dressed in your scariest, spookiest, prettiest, and silliest costumes! Free pop and popcorn will be available while supplies last. Concessions will also be open for purchase of other goodies.

Wristbands will be sold in advance at City Hall from October 17- October 27. On October 27 wristband sales will end at 4:00 p.m.

GMA will have a booth for our 3rd consecutive year, and once

again will be featuring our "famous" Ninja throwing star game. Everyone always enjoys the game, especially the little guys dressed as samurai's, ninja's, or Karate masters.

In the past we have handed out suckers and other goodies. This year, we are leaving the suckers at home and bringing something even cooler to hand out. If you are curious as to what it is, you'll just have to come by and see us!

State Tournament

The fall is a busy time for us as an association (when aren't we busy!?) with many state tournaments being held.

We kick off with the Tennessee tournament September 25, followed by the Missouri State Championship held October 22, and close out the tournament season with the Arkansas State Tournament November 5.

I tell our students who haven't attended a tournament that they will have more fun during their time there than in a month's worth of classes. Students that have attended tournaments agree with that sentiment. It doesn't mean that class time is boring, it simply shows how exciting tournaments are.

Students can compete in

forms, sparring, creative and/or power board breaking, and weapons. It's a

great couple of days. Hopefully in our next issue, we will get to show off the spoils of our victories. Stay tuned!



"Victory is reserved for those willing to pay its price."

-Sun Tzu

Health Fair



Meadowbrook Rehab Hospital in Gardner has invited us to participate in their 2011 Health Fair. With a focus on exercise, we were more than happy to help. We will be at the fair from 8-noon, providing games, ninja photo booth, demonstrations, and fun for those

who attend.

In addition to our booth, Meadowbrook is giving away free blood pressure and cholesterol checks to the first 50 People, smoking cessation education, Bike Rodeo - FREE bike helmets to the first 175 kids, Physical and Occupational Therapist discussing balance

and fall prevention, stress management, dietitian discussing healthy eating habits, carnival lady - moon walks, bungee run, adult tricycle races, caricature and tattoo artist, and much, much more. Come visit us at on Saturday October 8 from 8am-noon. Hope to see you there.

Parks and Rec –Summer

We concluded the summer session of our Parks and Rec class with 10 Warriors, 13 in our family class, and 2 in the WOMAN class.

Our Warriors had a “break-through” performance to earn their certificate of completion.

In the family class, students had to “test” just like we require our regular students do and were rewarded with their own “yellow belt” and certificate. They were also treated to demonstrations by Gina and some of our black belt friends.

The WOMAN class also had a great class, or so I’ve heard since I’m not allowed to attend. The WOMAN class always had some of our gals from our regular class, making it that much more fun.

Our next Parks and Rec session starts next Sunday. The Warrior session looks to be another great one with a full class. Our family class and WOMAN class is also starting to fill up and we look at them as being equally as fun.

There is still some time to sign up if you want to join us this session. If you cannot join us this time around, our next session is set to start in early January 2012. Hope to see you soon!



Testing Photos

For the rest of the photos of these events, become a fan of Gardner Martial Arts on Facebook. More photo’s are uploaded there for viewing as well as updates and goings on in between newsletters. Check us out, click “Like” and leave a post on our wall. <http://www.facebook.com/gardnermartialarts>



Above (L to R): Garland, Joseph, Dakota, Michaela, Veeren, John, and Noah at various times during their test
Below (L to R): Brian working hard, AJ & John congratulate each other, Shaunak and Ben discuss tactics, gearing up



More Photos:



Above (L to R): Students get a few words of encouragement after testing, Joseph & Dakota spar, waiting and watching
 Below (L to R): Lots of sparring: Noah & Mikul, Ben & Mason, and Veeren & AJ, Dan defends against an attack.



New Faces at Gardner Martial Arts

We have had a big burst of new students since our last issue. Back to school, cooler weather and seeking new adventures brought in a great group of new students. Look for these faces in future issues as they progress.

Lily and Jennifer did both our Warrior & Family P&R classes before joining us full time, Jennifer even brought along her friend Mike. Garland also joined us from this P&R session and is now a yellow belt.

Holly decided to join her yellow belt son, Mick, and hopes to catch him soon. And after completing the Warrior class, Matthew gets to join his older brothers in class now too. Will we see your face here next time?

**\$100 Sign
Up Special**

Monthly tuition only \$50/mo. after first month with discounts for multiple family members

Classes Locations/Times:
 Edgerton —Monday 6pm
 Gardner —Tuesday 6pm
 Gardner—Thursday 6 & 7pm

Sign up Includes:
 Uniform and Belt
 Association Uniform Patches
 Beginner's Curriculum Handbook
 Lifetime Association Membership
 First Month's tuition

www.gardnarmartialarts.com



Top Row: Jennifer, Lily and Matthew
 Bottom Row: Holly, Garland, and Mike was out of town on business.. We'll see him next time along with you!

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